

RECON TIMETABLE

2023/2024 | MELBOURNE METRO

PHASE TWO: JAN-MAR

	ELITE	ROOKIES	LITTLE GIANTS	MINI GIANTS	ADD ON
WEST	MON 5:30PM STRENGTH ▲	MON 5:30PM STRENGTH ▲			
	WED 5:30PM IRON FIT ○	WED 5:30PM IRON FIT ○	WED 4:45PM IRON FIT ○	WED 4:45PM IRON FIT ○	
	FRI 5:00PM ★ IAM MENTORING	FRI 5:00PM ★ IAM MENTORING			
	SAT 8:00AM RECON □	SAT 8:00AM RECON □	SAT 9:15AM RECON □	SAT 9:15AM RECON □	SEE 'SCHOOL HOLIDAY PROGRAMS'
SOUTH/EAST	ELITE	ROOKIES	LITTLE GIANTS	MINI GIANTS	ADD ON
	WED 5:30PM STRENGTH ▲	WED 5:30PM STRENGTH ▲	N/A	N/A	
	FRI 5:00PM ★ IAM MENTORING	FRI 5:00PM ★ IAM MENTORING			SEE 'SCHOOL HOLIDAY PROGRAMS'
	SAT 8:00AM RECON ●	SAT 8:00AM RECON ●			
COMING SOON MELB EAST MELB NORTH	ELITE	ROOKIES	LITTLE GIANTS	MINI GIANTS	ADD ON

*Timetable is subject to change

LOCATION KEYS

- FIELD 1 - TARNEIT
81 Baden Powell Dr
- FIELD 1 - DOVETON
175 Kidds Rd
- ▲ GYM - IRON PLAYGROUND
65/65/67 Hallam S Rd,
Hallam
- BEACH - ALTONA
103 Esplanade
- BEACH - MORDIALLOC
Peter Scullin Reservation
- ▲ GYM - PRO PHYSIO+
6/387 Old Geelong Rd,
Hoppers Crossing
- ▲ GYM - OPTIMAL CARE
583 Keilor Rd, Niddrie
- ★ ZOOM / ONLINE
See Access Codes